"Pursuing fullness of life for all by inspiring faith, lifelong learning and community engagement"

# St Malachy's School

# A Friendship Blessing

Creator God, as Pilgrims of Hope, we pray for one another along the journey of 2025.

With confidence we pray for one another using this reflection;
May you be blessed with good friends.
May you learn to be a good friend to yourself.

May you be able to journey to that place in your soul where there is great love, warmth, feeling, and forgiveness.

May this change you.

May it transfigure that which is

negative, distant, or cold in you. May you be brought into the real passion, kinship, and affinity of belonging.

May you treasure your friends.
May you be good to them and may
you be there for them;
may they bring you all the blessing,
challenges, truth,

and light that you need for your journey.

May you never be isolated.

May you always be in the gentle nest of belonging with your *anam cara*.

Amen

Adapted from Anam Cara: A Book Of Celtic Wisdom by John O'Donohue

# Principal's Message

Dear Parents,

This weekend, we welcome our new priest Fr. Cay at the 9 a.m. Mass on Sunday. I will invite Fr. Cay up to the school to meet the staff and students over the next week. I will sit down with Father and set some sacramental dates for our students who will be preparing for the three sacraments this year.

Congratulations to Felix, Lizzie, Milly, Rhianna and Madeline for their participation in the Little Desert Swimming Carnival on Wednesday in Horsham.

#### **Volunteers to Hear Reading**

St. Malachy's School would like you onboard as a volunteer to hear reading at school. Parents, grandparents and friends, if you have any spare time, we would love to hear from you! Please see Barb or John. As a part of Child Safety, you will need to have a Working with Children's Check to come onsite and they are easy to apply for online. Any problems, yell out and we can help you apply.

#### **Child Safety**

Going home will be an I.T. Agreement which the students are to read with their parents and sign; emphasising the need to keep the students safe at school and an Acceptable Use and Cyber Safety Agreement for parents to understand and sign. The students' agreements will be discussed at school with the students in each class.

Kind regards,

-John



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Principal: John O'Sullivan

SCHOOL ADVISORY COUNCIL President: Chris White

#### Term 1 Calendar

March:

Tuesday 4th: Shrove Tuesday

Tuesday, 4th: Kowree Swimming @ Goroke

Wednesday 5th: Ash Wednesday Mass @ 9:15 a.m.

Monday, 10th: Labour Day

Wednesday, 12th-Friday, 14th: Year 5/6 Camp @

Melbourne

Thursday, 20th-Friday, 21st: Year 3/4 Camp @

Grampians

Thursday, 27th: Parent-teacher interviews

<u>April:</u>

Friday, 4th: Term 1 ends

### St. Malachy's Cookbook



CHURCH MASS TIMES

lst Sunday: 9 a.m. 2nd Sunday: 9 a.m. 3rd Sunday: 11.15 a.m. 4th Sunday: Lay led @ 10 a.m.

#### From Carine

# - Mental Health & Wellbeing Leader

Students in Year 2/3/4 had a visit from Mat Bristow from the Red Cross to deliver the Pillowcase Program to them. The students had a great experience and were engaged, learned that being calm is important in an emergency and what can be done to become calm, as well as having an Emergency Kit ready. They also enjoyed a bit of creativity decorating their own pillowcases to take home. (Please read the instructions that accompanied their pillowcases before washing them.)

Delivered by Red Cross volunteers and staff, the workshop encourages students to be active participants in their own emergency preparedness. The content is useful for all kinds of emergencies and includes activities to highlight the importance of being prepared. Pillowcase helps to reduce real and imagined fears and has successfully built children's stress management skills. They:

- Understand and discuss the importance of being prepared
- Prepare their mind for the thoughts and feelings that may arise before, during and after an emergency; and
- Know what to pack in an emergency kit You can read more following this link: https://www.redcross.org.au/emergencies/pillowca

se-program/

Make yourselves a

cuppa and check out

School TV too.

#### From the office

Thanks to all the parents that have logged into SIMON/PAM and consented to the Photograph authorisation and the PG viewing authorisation.

There are still a few outstanding PG authorisations to be consented so please log in to finalise.

#### **Child Safety**

Attached to this newsletter is the Digital Technologies Policy and Agreement to read and the Acceptable Use and Cyber Safety Agreement which needs signing and returning to the school as soon as possible after you have discussed with your child/ren.

Digital Technology Agreements for the students will be completed at school together so they understand the use of technology and the expectations, etc. and it will also be sent home for signing by parents.

# Swimming news

Congratulations to Mercy House for their win in the Western Trinity Swimming Sports. What a great display of sportsmanship from so many of our students.

Congratulations to the Age Group Champions - Felix White, Rhianna McClure, Lucius King, Jade Taylor and Madeline McClure.

Last Wednesday, five students from St. Malachy's, joined with students from Edenhope College and Balmoral College, competed at the Little Desert Swim Competition in Horsham. All students swam against some tough competition, but had an enjoyable day. Perhaps the highlight was how they came together to form relay teams, with each team winning a podium place!

CHURCH MASS TIMES

1st Sunday: 9 a.m. 2nd Sunday: 9 a.m. 3rd Sunday: 11.15 a.m. 4th Sunday: Lay led @ 10 a.m.





# Mum's cuppa - 6th March

Mum's cuppa next Thursday afternoon @ 2.10 p.m. and then you have the option of collecting your child/ren at the end of the school day or still send them home on the bus.



